

Social Emotional Learning at Home

DAY 2

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Think:

How does a person's face change based on their emotion?

How does a person's body change based on their emotion?

Which of these emotions are you feeling the most right now?

Activity:

Fold a piece of paper in half 2 times. Write one of the following emotions in each square: happy, sad, worried, angry. Draw a picture of yourself showing each emotion.

